

WW goes shopping at the health food store

- textured vegetable protein (chunk & mince)
- wheat germ
- Kashi breakfast cereal
- Kettle Crisps baked chips
- Genisoy Baked Soy Crisps
- Skinny chips
- Ezekiel 1 pt tortillas (small)
- Cedarlane fat-free tortillas (large)
- whole-wheat pasta
- long-grain brown rice
- brown basmati rice
- Boca burgers (roasted onion flavour)
- fat-free yogurt
- organic vegetables
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