

WW goes shopping at overwaitea® save on foods

(Much of this list provided by lindteaters - thanx!)

- laughing cow regular
- source yogurt (1 pt)
- FF vanilla creamer
- Amy's veggie burgers
- Body Smarts
- Slim Fast PBC bars
- Shakers (like a popsicle except creamy) (1 pt)
- Sara Lee Cheesecake bites
- Renee's light dressings
- Ocean spray light cranberry juice
- Dempster's 100% whole wheat english muffins (2 points)
- Boca burgers (roasted onion flavour) & chicken patties
- Wonder 2 pt burger buns
- whole wheat pasta
- fruit
- vegetables
- Mrs. Dash seasoning (various flavours)
- Schneiders fat-free cold cuts
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